COLLEGE NEWSLETTER

Calendar

| DATE | EVENT |
|---|---|
| Monday 14 th October | Staff training day – College closed |
| Tuesday 15 th October | War Horse Seminar Scott of the Antarctic Primary event |
| Wednesday 16 th October Wednesday 16 th - Saturday 19 th October | College CouncilMadrid Trip |
| Thursday 17 th October | I Construct Trip Belgium Trip parent meeting War Horse Theatre Trip |
| Friday 18 th October | Year 11 House Netball |

Notices

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2024/25. This calendar includes all our training days, parent's evenings, as well as other key events.

Swap Shop

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.

Trampolining Club

Due to high numbers at Trampolining Club on Fridays, there will now be a sign up sheet. It will be on a first come first serve basis. Please see Mrs Ainslie in the PE office at BREAK times ONLY.

Lost Property

Over the course of this term, we have accumulated a large amount of lost property.

If your child has lost an item of clothing, shoes, PE Kit, water bottles etc please ask them to come to reception and take a look. Following October half term, any remaining items will either be donated to charity or disposed of.

To help reduce the amount of lost property, please ensure your child's clothing and belongings are clearly labelled so items can be returned.









Sports Clubs P 🐼 🥟 🌑













| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|--|
| Before School Club 08:00 – 08:30 | Table Tennis Gym Mr Baker | NO CLUBS DUE TO STAFF MEETINGS | Roundnet Gym Mr Chaplin | Table Tennis Courts Miss Pritchard | Roundnet Gym Mrs Ainslie |
| After School Club 15:15 –16:15 | GCSE PE Study Club R6 Mr Chaplin | NO CLUBS DUE TO STAFF MEETINGS | Football Field Mr Baker | Netball Courts Miss Pritchard | Trampolining Sports Hall Mrs Ainslie Running Club Various Mr Carver |
| Fixtures | Year 10/11 Netball Crookhorn Miss Pritchard | Year 7 Rugby Havamt RFC Mr Chaplin | Year 9 Netball Crookhorn Mrs Ainslie | Year 8 Rugby Havant RFC Mr Chaplin | HOUSE EVENTS! |





Subject & Hobbies Clubs 🐸 😻 📎 🕎











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|--------------|-------------------------------|-------------------|------------------------|-------------------------------|--------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Lunchtime | Dungeons and Dragons | Chess | Chess | Chess | Chess |
| | Library | Library | Library | Library | Library |
| Club | Miss Humby | Miss Humby | Miss Humby | Miss Humby | Miss Humby |
| 12:45 - | Resilience Club | | | | |
| 12:45 - | RR | Resilience Club | Resilience Club | Resilience Club | Resilience Club |
| 13:15 | RR Staff | RR | RR | RR | RR |
| 20.20 | Y8/10 English Poetry | RR Staff | RR Staff | RR Staff | RR Staff |
| | A9 | | | | |
| | Mrs Nailor | | | Science | |
| | Science | | | P2 | |
| | P2 | | | See Mr Bailey for exact times | |
| | See Mr Bailey for exact times | | | | |
| After School | Y7/8/9 Study Club | Y7/8/9 Study Club | Computing | Y7/8/9 Study Club | Y7/8/9 Study Club |
| | Libary | Library | R2 | Library | Library |
| Club | SS | SS | Mrs Burnham | SS | SS |
| 15.15 | | | Yy/8/9 History Club | Y10/11 Study Club | |
| 15:15 - | Y10/11 Study Club | Y10/11 Study Club | Ca1 | R1/R2 | Y10/11 Study Club |
| 16:15 | R1/R2 | R1/R2 | LT | SS | R1/R2 |
| | SS | SS | Art challenge (Week B) | Warhammer Cub | SS |
| | | | P12 | Library | |
| | | | Miss Harrison-Burrow | Miss Humby | Dance Live |
| | | | DofE | Y10/11 Child Development | Theatre |
| | | | R7 | Ca1 | See Mrs Street for |
| | | | Mr Trott | LT Down No. | times/days |
| | | | Y7/8/9 Study Club | Dance Live | |
| | | | Library SS | Theatre | |
| | | | | See Mrs Street for times/days | |
| | | | Y10/11 Study Club | Props making club R7 | |
| | | | R1/R2 SS | See Mr Trott for times/days | |
| | | | 33 | see IVIT Trott for times/days | |



Lunch Menu - Week 3

| | Monday | <u>Tuesday</u> | Wednesday | <u>Thursday</u> | <u>Friday</u> | | |
|---------------------|--|---|---|--|---|--|--|
| Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | | |
| Main | Blackened Jamaican jerk chicken (df)(gf) | Mexican chilli beef and bean burrito | Homemade chicken and pea pie | Roast chicken tikka masala served with nigella and coriander naan bread (gf) | Jumbo fish finger sandwich served with homemade tartare sauce (df) | | |
| Vegetarian | Reggae reggae jackfruit curry (v) (gf) (df) | Roasted vegetable and cheese quesadilla (v) | Traditional soya mince and vegetable cottage pie (v) | Aubergine and lentil dahl curry (v) (gf) | Homemade roasted vegetable pizza with garlic dressing (v) | | |
| Vegetable/ Salad | Caribbean pineapple, lime and chia seed salad | Tomato salsa Sour cream Guacamole | Mixed seasonal vegetables | Kachumber salad mint yoghurt mango chutney | Mixed seasonal salad | | |
| Carbohydrate | Rice and peas | Rice and peas Crispy seasoned potato wedges | | Mixed pilau rice | Lemon and herb potato wedges | | |
| Dessert | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | | |

<u>Dietary and nutritional information is available on request.</u>

<u>Students must notify canteen staff of any allergies they have before purchasing a meal.</u>



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|---|--------|---------------------------------|----------------|------|------|----------------|-------------|---------|-----------|----------|---------|-----------------|----------|--------------------|
| DISHES | | | T _i | | | Lupin Flour | Milk | | MAJNIMANO | OF T | 080 | | | • |
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Blackened Jamaican Jerk Chicken | | | | | | | | | | | | | | |
| Reggae Reggae Jackfruit Curry | ✓ | | | | | | | | | Coconut | | | | |
| Caribbean Pineapple, Lime and Chia Seed Salad | | | | | ✓ | | | | | | | | ✓ | |
| Mexican Chilli Beef & Bean Burrito | ✓ | ✓ | | | | | | | | | | | | |
| Roasted Vegetable & Cheese Quesadilla | | ✓ | | | | | ✓ | | | | | | | |
| Crunchy Cocoa and Lime Mousse | | ✓ | | | | | ✓ | | | | | | | |
| Chicken & Pea Pie | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| Traditional Soya Mince & Vegetable Cottage Pie | ✓ | ✓ | | | | | ✓ | | | | | | √ | |
| Roasted Chicken Tikka Masala | ✓ | | | | | | | | ✓ | ✓ | ✓ | | | |



| DISHES | | W | T _i | A | | Tupin Flour | Milk | | MURTARO | | % | | | |
|--|--------|---------------------------------|----------------|----------|------|----------------|------|---------|----------|------|----------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Aubergine & Lentil Dahl Curry | ✓ | | | | | | ✓ | | ✓ | ✓ | ✓ | | | |
| Jumbo Fish Finger Sandwich with Tartare sauce | | ✓ | | | ✓ | | ✓ | | | | | | | |
| Roasted Vegetable Pizza with Garlic Dressing | | ✓ | | | | | | | √ | | | | | |
| Jam & Coconut sponge served with custard | | ✓ | | ✓ | | | ✓ | | | | | | | |



Menu Prices

Hot meal deal includes hot meal, bottle of water and piece of fruit/jelly

Cold meal deal includes sandwich, bottle of water and piece of fruit/jelly - If choosing a wrap only 1 item drink or

piece of fruit/jelly is included in the meal deal.

| Meals and Deals | Price | Dessert/Cake/Fruit | Price | Mid-Morning Snack | Price |
|---------------------|--------------|--------------------|--------------|--------------------------|-------|
| Hot Meal Deal | £3.20 | Hot Dessert | £1.00 | Sausage Roll | £1.00 |
| Cold Meal Deal | £3.20 | Jelly | £0.80 | Pasta Pot | £1.00 |
| Soup and Roll | £1.40 | Muffins | £1.20 | Pizza Slice | £1.20 |
| Main Meal | £2.20 | Cookies | £1.00 | Popcorn | £1.00 |
| Sandwich | £2.00 | Flapjacks | £1.00 | Pop Chips | £1.00 |
| | | Gingerbread | £1.00 | Rice Cakes | £1.00 |
| Drinks | | Fruit Pots | £0.80 | | |
| Water 500ml | £0.80 | Grapes | £0.80 | | |
| Radnor Splash 500ml | £1.00 | Melon | £0.80 | | |
| Apple/Orange Juice | £1.00 | Orange Segments | £0.40 | | |
| Milkshake | £1.00 | | | | |

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.