# **COLLEGE NEWSLETTER**

#### **Calendar**

DATE	EVENT
Monday 4 <sup>th</sup> November – Wednesday 6 <sup>th</sup> November	Year 11 Mocks
Tuesday 5 <sup>th</sup> November	Romeo & Juliet Theatre Trip
Wednesday 6 <sup>th</sup> November	Photography Primary Event
Thursday 7 <sup>th</sup> November	Y10 early entry mocks & Y11 catch up mocks
Friday 8th November	Y 7 House dodgeball

#### **Notices**

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2024/25. This calendar includes all our training days, parent's evenings, as well as other key events.

#### **Swap Shop**

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.

#### **Trampolining Club**

Due to high numbers at Trampolining Club on Fridays, there will now be a sign-up sheet. It will be on a first come first serve basis. Please see Mrs Ainslie in the PE office at BREAK times ONLY.



# Sports Clubs P 🐼 🥟 🌑













	Monday	Tuesday	Wednesday	Thursday	Friday
Before School Club 08:00 – 08:30	Table Tennis Gym Mr Baker	NO CLUBS DUE TO STAFF MEETINGS	Roundnet Gym Mr Chaplin	Table Tennis Courts Miss Pritchard	Roundnet Gym Mrs Ainslie
After School Club 15:15 –16:15	GCSE PE Study Club R6 Mr Chaplin	NO CLUBS DUE TO STAFF MEETINGS	Football Field Mr Baker	Netball Courts Miss Pritchard	Trampolining Sports Hall Mrs Ainslie  Running Club Various Mr Carver
Fixtures	Year 10/11 Netball Crookhorn Miss Pritchard	Year 7 Rugby Havamt RFC Mr Chaplin	Year 9 Netball Crookhorn Mrs Ainslie	Year 8 Rugby Havant RFC Mr Chaplin	HOUSE EVENTS!



# Subject & Hobbies Clubs 🌉 🐌 🔖 🕎











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	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Dungeons and Dragons	Chess	Chess	Chess	Chess
	Library	Library	Library	Library	Library
Club	Miss Humby	Miss Humby	Miss Humby	Miss Humby	Miss Humby
40.45	Resilience Club				
12:45 -	RR	Resilience Club	Resilience Club	Resilience Club	Resilience Club
13:15	RR Staff	RR	RR	RR	RR
13.13	Y8/10 English Poetry	RR Staff	RR Staff	RR Staff	RR Staff
	A9				
	Mrs Nailor			Science	
	Science			P2	
	P2			See Mr Bailey for exact times	
	See Mr Bailey for exact times				
After School	Y7/8/9 Study Club	Y7/8/9 Study Club	Computing	Y7/8/9 Study Club	Y7/8/9 Study Club
	Libary	Library	R2	Library	Library
Club	SS	SS	Mrs Burnham	SS	SS
15.15			Yy/8/9 History Club	Y10/11 Study Club	
15:15 -	Y10/11 Study Club	Y10/11 Study Club	Ca1	R1/R2	Y10/11 Study Club
16:15	R1/R2	R1/R2	LT	SS	R1/R2
20.20	SS	SS	Art challenge (Week B)	Warhammer Cub	SS
			P12	Library	
			Miss Harrison-Burrow	Miss Humby	Dance Live
			DofE	Y10/11 Child Development	Theatre
			R7	Ca1	See Mrs Street for
			Mr Trott	LT Down No.	times/days
			Y7/8/9 Study Club	Dance Live	
			Library SS	Theatre See Mrs Street for times/days	
			Y10/11 Study Club		
			R1/R2	Props making club	
			SS SS	See Mr Trott for times/days	
			33	See IVIT HOLL for times/days	

## Lunch Menu - Week 3

	Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main	Blackened Jamaican jerk chicken (df)(gf)	Mexican chilli beef and bean burrito	Homemade chicken and pea pie	Roast chicken tikka masala served with nigella and coriander naan bread (gf)	Jumbo fish finger sandwich served with homemade tartare sauce (df)
Vegetarian	Reggae reggae jackfruit curry (v) (gf) (df)	Roasted vegetable and cheese quesadilla (v)	Traditional soya mince and vegetable cottage pie (v)	Aubergine and lentil dahl curry (v) (gf)	Homemade roasted vegetable pizza with garlic dressing (v)
Vegetable/ Salad	Caribbean pineapple, lime and chia seed salad	Tomato salsa Sour cream Guacamole	Mixed seasonal vegetables	Kachumber salad mint yoghurt mango chutney	Mixed seasonal salad
Carbohydrate	Rice and peas	Crispy seasoned potato wedges	Cheesy mashed potatoes	Mixed pilau rice	Lemon and herb potato wedges
Dessert	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

<u>Dietary and nutritional information is available on request.</u>

<u>Students must notify canteen staff of any allergies they have before purchasing a meal.</u>

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DISHES			T <sub>A</sub>	<b>**</b>		Jupin Hour	wilk		MANTANO	2	1		£	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Blackened Jamaican Jerk Chicken														
Reggae Reggae Jackfruit Curry	✓									Coconut				
Caribbean Pineapple, Lime and Chia Seed Salad					✓								<b>√</b>	
Mexican Chilli Beef & Bean Burrito	✓	✓												
Roasted Vegetable & Cheese Quesadilla		✓					✓							
Crunchy Cocoa and Lime Mousse		✓					✓							
Chicken & Pea Pie	✓	✓					✓						✓	
Traditional Soya Mince & Vegetable Cottage Pie	✓	✓					✓						<b>√</b>	
Roasted Chicken Tikka Masala	✓								✓	✓	✓			

DISHES		W	T <sub>i</sub>	<b>A</b>		Tupin Flour	Milk		MURTARD		<b>%</b>			
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Aubergine & Lentil Dahl Curry	✓						✓		✓	✓	✓			
Jumbo Fish Finger Sandwich with Tartare sauce		✓			✓		✓							
Roasted Vegetable Pizza with Garlic Dressing		✓							<b>√</b>					
Jam & Coconut sponge served with custard		✓		<b>✓</b>			✓							

# **Menu Prices**

Hot meal deal includes hot meal, bottle of water and piece of fruit/jelly

Cold meal deal includes sandwich, bottle of water and piece of fruit/jelly - If choosing a wrap only 1 item drink or

piece of fruit/jelly is included in the meal deal.

Meals and Deals	Price	Dessert/Cake/Fruit	Price	Mid-Morning Snack	Price
Hot Meal Deal	£3.20	Hot Dessert	£1.00	Sausage Roll	£1.00
Cold Meal Deal	£3.20	Jelly	£0.80	Pasta Pot	£1.00
Soup and Roll	£1.40	Muffins	£1.20	Pizza Slice	£1.20
Main Meal	£2.20	Cookies	£1.00	Popcorn	£1.00
Sandwich	£2.00	Flapjacks	£1.00	Pop Chips	£1.00
		Gingerbread	£1.00	Rice Cakes	£1.00
Drinks		Fruit Pots	£0.80		
Water 500ml	£0.80	Grapes	£0.80		
Radnor Splash 500ml	£1.00	Melon	£0.80		
Apple/Orange Juice	£1.00	Orange Segments	£0.40		
Milkshake	£1.00				

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.